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A prospective post-market clinical follow-up registry to evaluate real-world effectiveness and patient satisfaction after duodenal mucosal resurfacing in patients with type 2 diabetes

[Torsten Beyna](#), Thomas Veiser, Hui Zhang, Emily Cozzi, Kelly White, Stephan Martin

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Disclosure Statements and Revita System™ Indication for Use

Authors:

Torsten Beyna is a consultant for Olympus, Boston Scientific, Microtech, and Fractyl Health and received lecture honoraria from Olympus, Boston Scientific, Cook, Fujifilm, Pentax, ERBE, Microtech, Falk Foundation, and Medtronic. Stephan Martin is a consultant for Fractyl Health and Almased and received lecture honoraria from Lilly, MedUpdate, MerdTRix, Marpionion, and Bayer. Thomas Veiser is a consultant for ERBE, Microtech, Cook, Boston Scientific, Fractyl Health, and Falk. Hui Zhang, Emily Cozzi, and Kelly White are employees and shareholders of Fractyl Health, Inc.

Data shown in this presentation are preliminary and based on an ongoing study. The study database has not been locked, and the data are subject to further cleaning and validation.

Revita is for Investigational use only in the US under Federal law and has been granted Breakthrough Device designation in T2D patients on insulin and for weight maintenance after GLP-1 discontinuation in obesity; and CE mark obtained from EU and UK in 2016 for Revita for the improvement of glycemic control in patients with inadequately controlled T2D despite oral and/or injectable glucose lowering medications and/or long-acting insulin.

Indications for Use:

As an adjunct to diet and exercise, the Revita System is intended for hydrothermal ablation of the duodenal mucosa to:

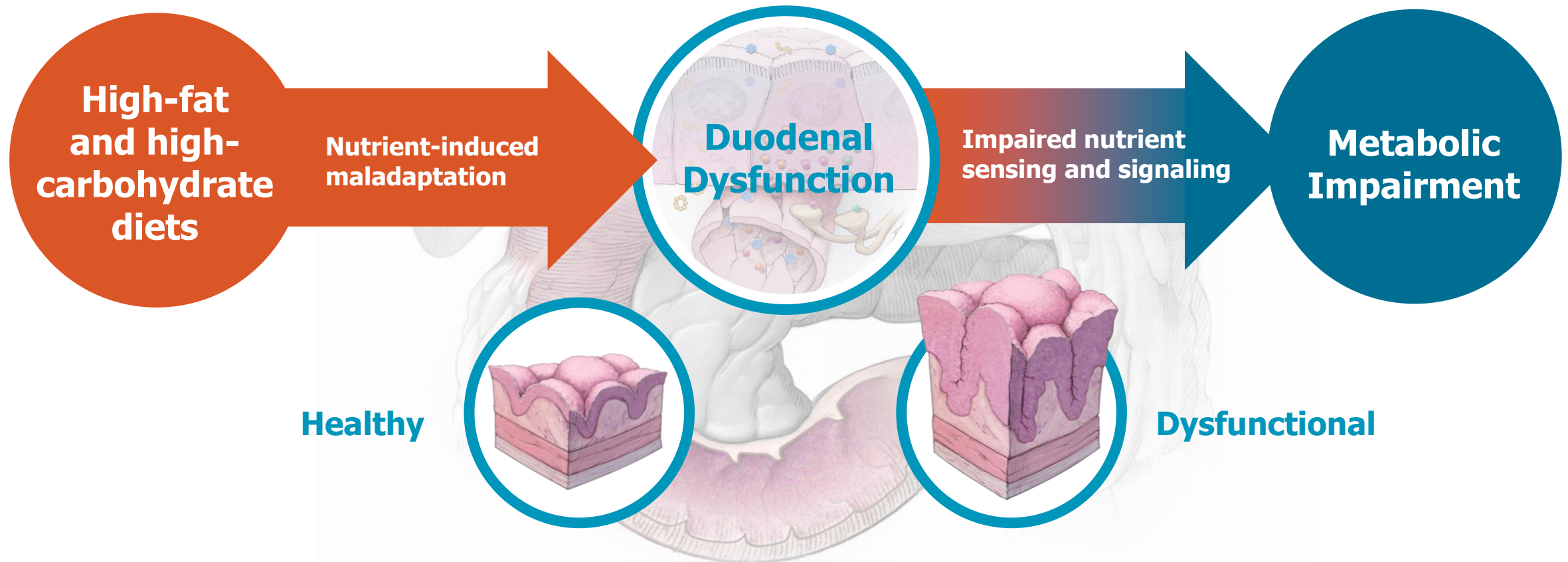
Improve glycemic control in patients with Type 2 Diabetes who have preserved pancreatic beta cell function and whose diabetes is inadequately controlled despite oral and/or injectable glucose lowering medications and/or long-acting insulin therapy.

Reduce liver fat in patients with Type 2 Diabetes and Non-Alcoholic Fatty Liver Disease.



The Rationale for Duodenal Mucosal Resurfacing (DMR)

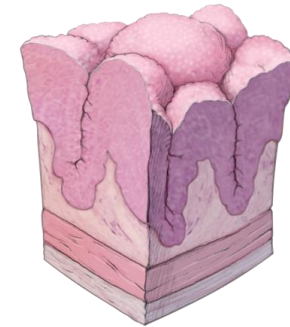
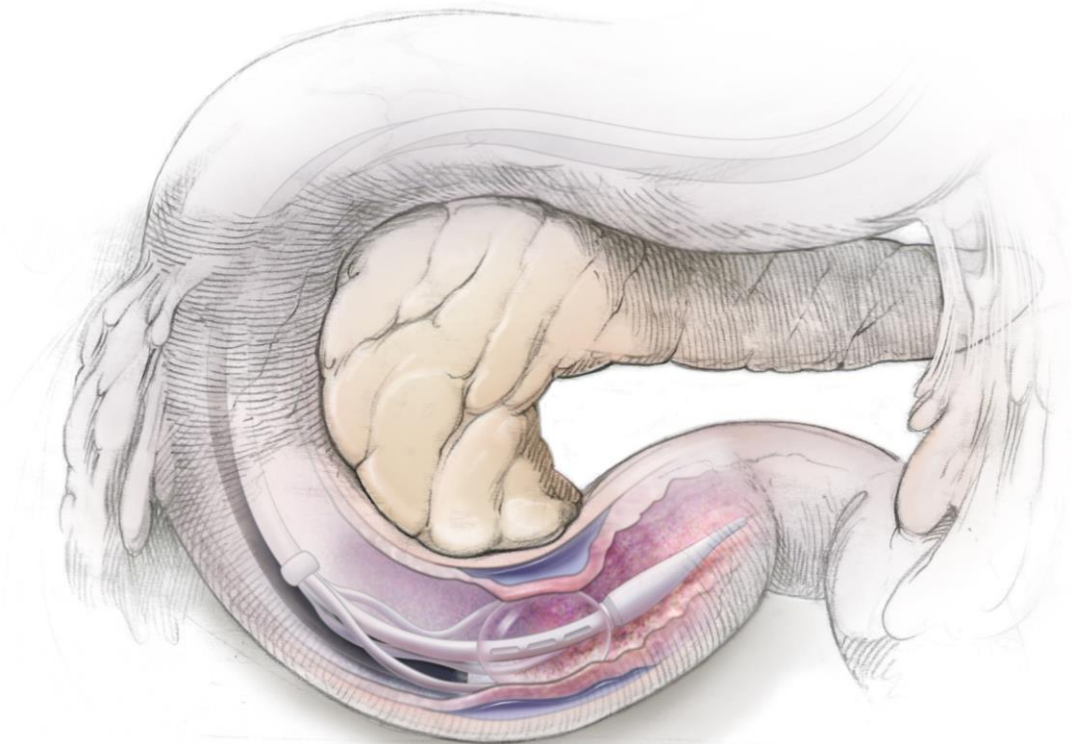
Intervening at a potential root cause of type 2 diabetes and obesity



Duodenal Mucosal Resurfacing with the Revita System

Endoscopic procedure targeting dysfunctional duodenal mucosa

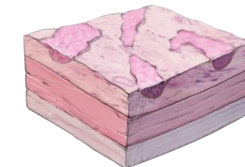
Revita DMR[®] is a minimally invasive, endoscopic procedure utilizing hydrothermal ablation to remove potentially dysfunctional duodenal mucosa, allowing for regeneration and return to metabolic function¹⁻⁷



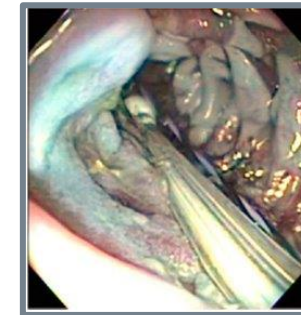
Dysfunctional



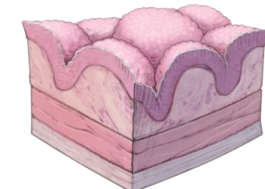
Prior to DMR



Ablated



**Immediately
Post-DMR**



Re-epithelialized



**1 Month
Post-DMR**



Duodenal Mucosal Resurfacing with the Revita System

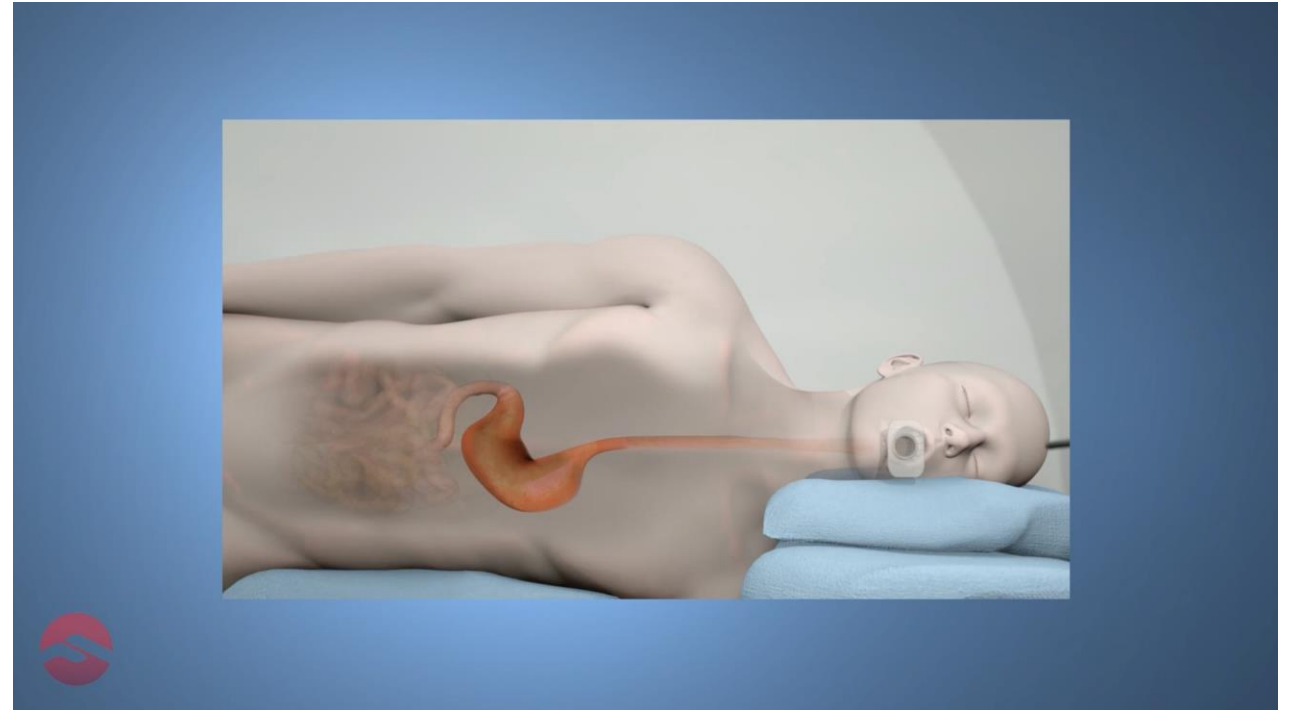
Intuitive endoscopic procedural workflow

Carried out by a trained endoscopist in ~1 hour, progresses in 2 steps:

Step 1: circumferential **saline injection** of the duodenal submucosa to create a protective thermal barrier and uniform ablation surface^{1,2}

Step 2: **hydrothermal ablation** of the duodenal surface via heated water circulating in the catheter balloon^{2,3}

ESGE-aligned training⁴ supports endoscopist proficiency in as little as 2 cases



Type 2 Diabetes Clinical Trial Findings to Date

Revita DMR improves multiple indices of metabolic function

Clinical trials in >300 patients have shown that Revita DMR may safely and durably improve:

- Glycaemic control & insulin sensitivity
- β-cell function
- Hepatic steatosis
- Weight maintenance
- Diabetes medication burden¹⁻⁷

Commonly reported AEs include transient abdominal pain, distention, nausea, and diarrhea. SAEs related to the device and/or procedure are rare and have decreased in frequency over the course of the clinical development program with device optimisation and procedural training³⁻⁶

Will Revita DMR clinical trial findings translate to real-world effectiveness?

Clinical Trial > Diabetes Care. 2016 Dec;39(12):2254-2261. doi: 10.2337/dc16-0383. Epub 2016 Aug 12.

Endoscopic Duodenal Mucosal Resurfacing for the Treatment of Type 2 Diabetes: 6-Month Interim Analysis From the First-in-Human Proof-of-Concept Study

Harith Rajagopalan¹, Alan D Cherrin², Francesco Rubino⁵, Geltrude Mingrone⁶, Jay Caplan⁸, Leonardo Rodriguez⁷

Clinical Trial > Diabetes Res Clin Pract. 2022 Feb;184:109194. doi: 10.1016/j.diabres.2022.109194. Epub 2022 Jan 13.

Durable metabolic improvements 2 years after duodenal mucosal resurfacing (DMR) in patients with type 2 diabetes (REVITA-1 Study)

Annieke C G van Baar¹, Jacques Devière², David Hopkins³, Laurent Crenier⁴, Frits Holleman⁵, Manoel P Galvão Neto⁶, Pablo Becerra⁷, Paulina Vignolo⁷, Leonardo Rodriguez Grunert⁷, Caterina Guidone¹¹, Lopez-Talavera¹⁴, Kelly White¹⁴, Jacques J G H M Bergman¹⁵

Gut. 2022 Feb; 71(2): 254-264. PMID: PMC8761999
Published online 2021 Feb 17. doi: 10.1136/gutjnl-2020-323608 PMID: 33597157

Safety and efficacy of hydrothermal duodenal mucosal resurfacing in patients with type 2 diabetes: the randomised, double-blind, sham-controlled, multicentre REVITA-2 feasibility trial

Geltrude Mingrone^{1,2}, Annieke C G van Baar³, Jacqu Harith Rajagopalan⁸, Juan Carlos Lopez-Talavera⁸, Rehan Haidry¹⁰, Eduardo Grecco¹¹, Manoel Galvão Neto⁶, Bu'Hussain Hayee¹⁰, Amyn Haji¹⁵, A John Morris¹⁶, Deepak I. Bhatt¹⁹, Arun J. Sanyal²⁰, J. J. G. H. M. Bergman¹⁵

Gastrointest Endosc. 2024 Jan 25;S0016-5107(24)00049-X. doi: 10.1016/j.gie.2024.01.031. Online ahead of print.

Insulin sensitivity and beta cell function after Duodenal Mucosal Resurfacing (DMR): An Open-Label, Mechanistic, Pilot Study

Celine B E Busch¹, Suzanne Meiring¹, Annieke C G van Baar², Amalia Gastaldelli³, Ralph DeFronzo⁴, Geltrude Mingrone⁵, Moira Hagen⁶, Kelly White⁶, Harith Rajagopalan⁶, Max Nieuwdorp⁷, Jacques J G H M Bergman⁸



Assessing Real-World Effectiveness of Revita DMR

Study design: key participant criteria and assessments

Ongoing, 5-year, non-interventional, prospective, observational study in ≤5 German centres

HbA1c, FBG, weight loss and maintenance, diabetes medications, and patient reported outcomes (PROs) were assessed

Single centre data from participants using Telemedical Lifestyle intervention Program (TeLiPro) standard of care¹ after Revita DMR

Key Inclusion Criteria

≥18 years of age

BMI of ≤45 kg/m²

HbA1c of ≥7.0 and ≤10.0%

On oral and/or injectable GLAs and/or long-acting insulin

Key Exclusion Criteria

Type 1 diabetes

C-peptide <0.2 nmol/L

Severe hypoglycaemia 12 months prior to screening



Assessing Real-World Effectiveness of Revita DMR

Baseline characteristics: participants with inadequately controlled T2D

Most participants have obesity and longstanding T2D despite treatment with multiple GLAs in the majority of cases

Demographic	N = 31
Sex, % male	58
Age, years, mean (SD)	61 (7)
Baseline Characteristic	
HbA1c, %, mean (SD)	8.8 (1.4)
FBG, mg/dL, mean (SD)	168.6 (62.4)
Body Mass Index, mean (SD)	33.1 (5.6)
Body weight, kg, mean (SD)	102.0 (19.4)
Diabetes duration, years, mean (SD)	13.6 (9.2)
GLAs, % on ≥ 2	64.5%



Assessing Real-World Effectiveness of Revita DMR

Safety: Revita DMR was well tolerated with no serious adverse events

Revita DMR was well tolerated with no serious procedural and/or device-related adverse events (SAEs), or unanticipated adverse device effects (UADEs) reported

One participant experienced an oxygen saturation decrease deemed “possibly related” to the Revita DMR procedure and/or device

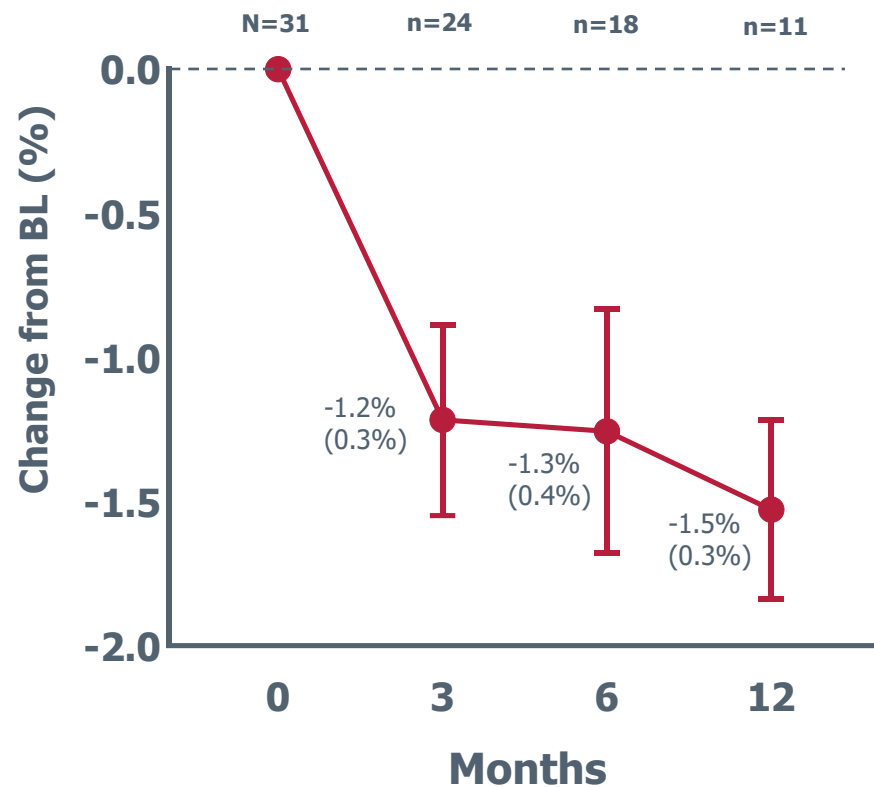
Procedural and/or Device Related Adverse Events	N = 31
SAE	0
Adverse Event	1



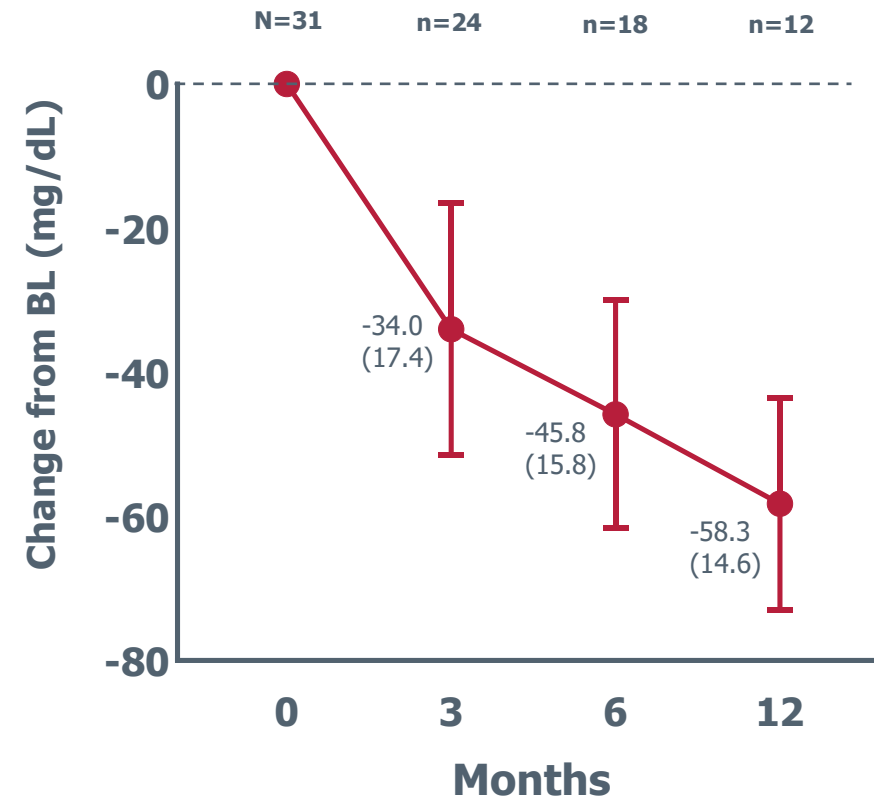
Assessing Real-World Effectiveness of Revita DMR

Glycaemia: improvements in HbA1c and FBG were maintained through follow-up

A) HbA1c (Mean \pm SEM)



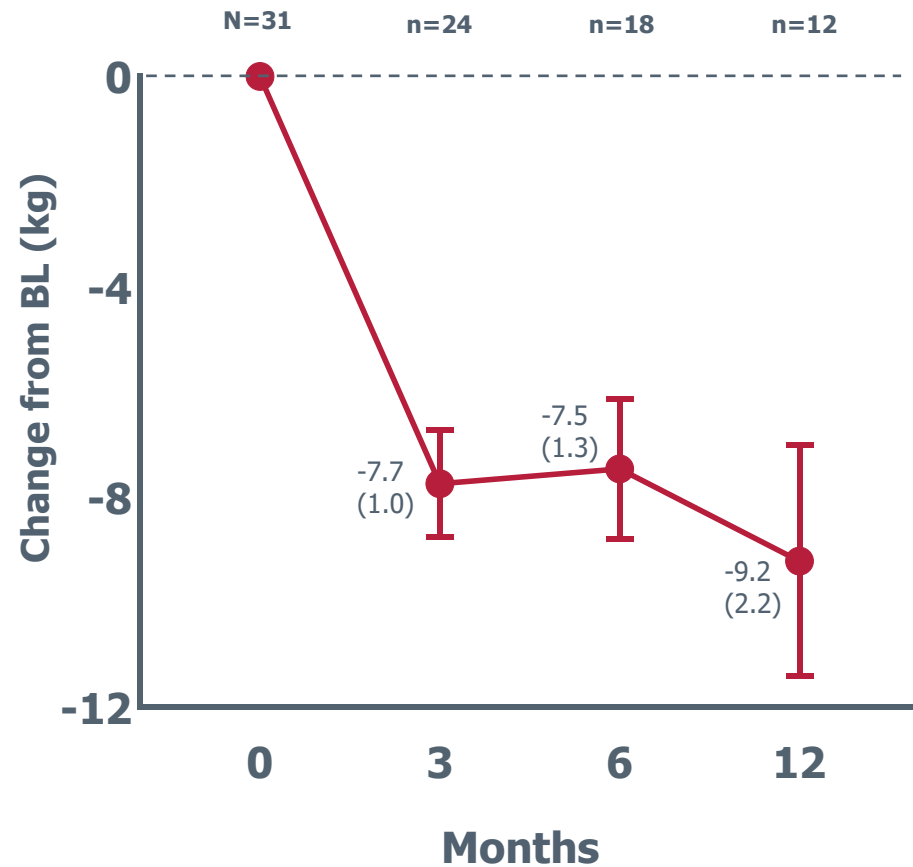
B) FBG (Mean \pm SEM)



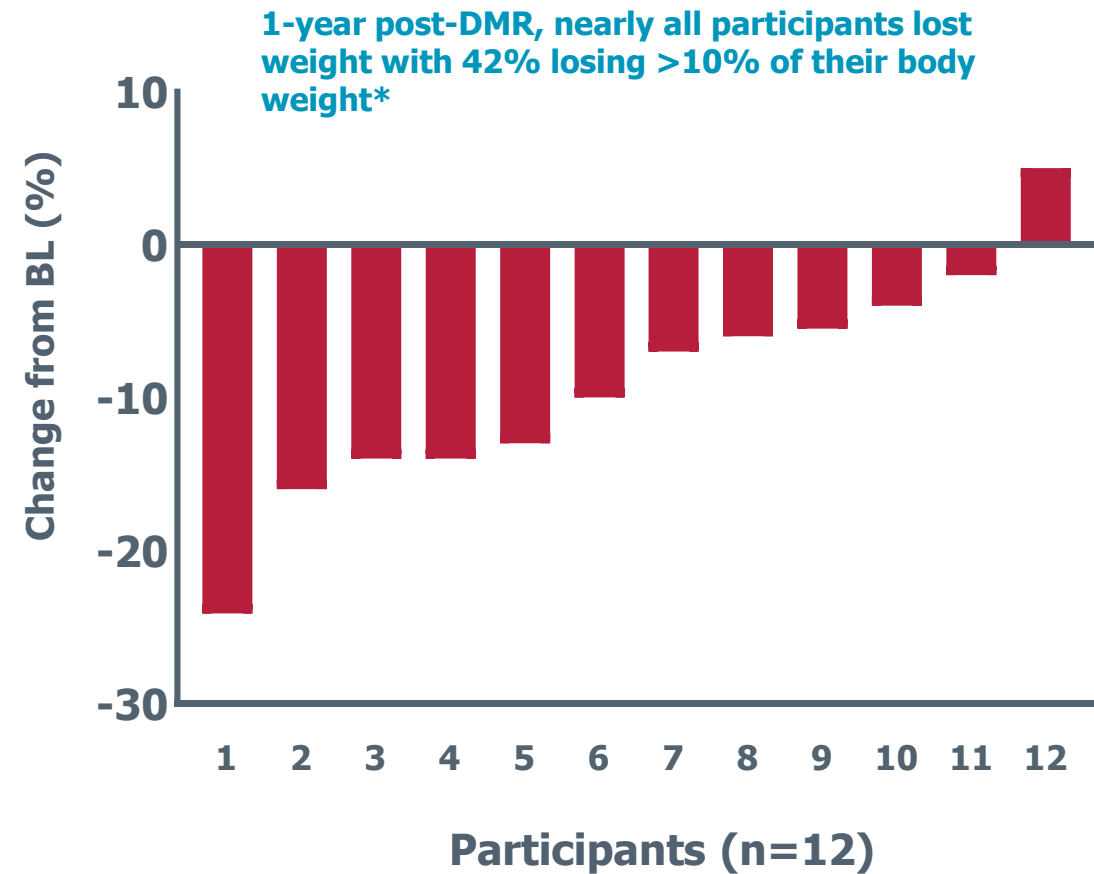
Assessing Real-World Effectiveness of Revita DMR

Weight: weight loss was maintained through follow-up

A) Body Weight (Mean ± SEM)



B) Individual 1-Year Body Weight



Assessing Real-World Effectiveness of Revita DMR

Medication: majority of participants reduced or stabilized GLA usage

At 1 year, 83% of participants had stabilized or reduced GLA usage in addition to improvements in glycemia and weight

Time Period (n)	Change in GLA Number (n [%])		
	Increased	Decreased	Stayed Same
Baseline to 3 months (n=24)	0 (0%)	11 (46%)	13 (54%)
Baseline to 6 months (n=18)	0 (0%)	6 (33%)	12 (67%)
Baseline to 12 months (n=12)	2 (17%)	2 (17%)	8 (67%)

Glucose-lowering agents were assessed at baseline, 3, 6, and 12 months post-DMR. Of N=31 participants with baseline characteristics, 2 were lost to follow-up. Of the 2 participants who increased medications, both added tirzepatide, 1 at 6 weeks and 1 at 18 weeks prior to 12-month follow-up. DMR=duodenal mucosal resurfacing; GLA=glucose-lowering agent



Assessing Real-World Effectiveness of Revita DMR

PROs: Revita DMR was valued by participants and improved T2D management

Patient Reported Outcomes (PROs)	3 months (n=24)	6 months (n=18)	12 months (n=12)
Undergo Revita again? (% yes)	92%	89%	100%
Recommend Revita to friend/relative with T2D? (% yes)	96%	94%	100%
Revita Success in T2D management? (1-10, 10 highest) (mean [SD])	9.7 (0.8)	9.8 (0.7)	9.8 (0.9)
Quality of life improved? (1-10, 10 highest) (mean [SD])	9.2 (2.0)	9.5 (1.5)	9.3 (1.9)



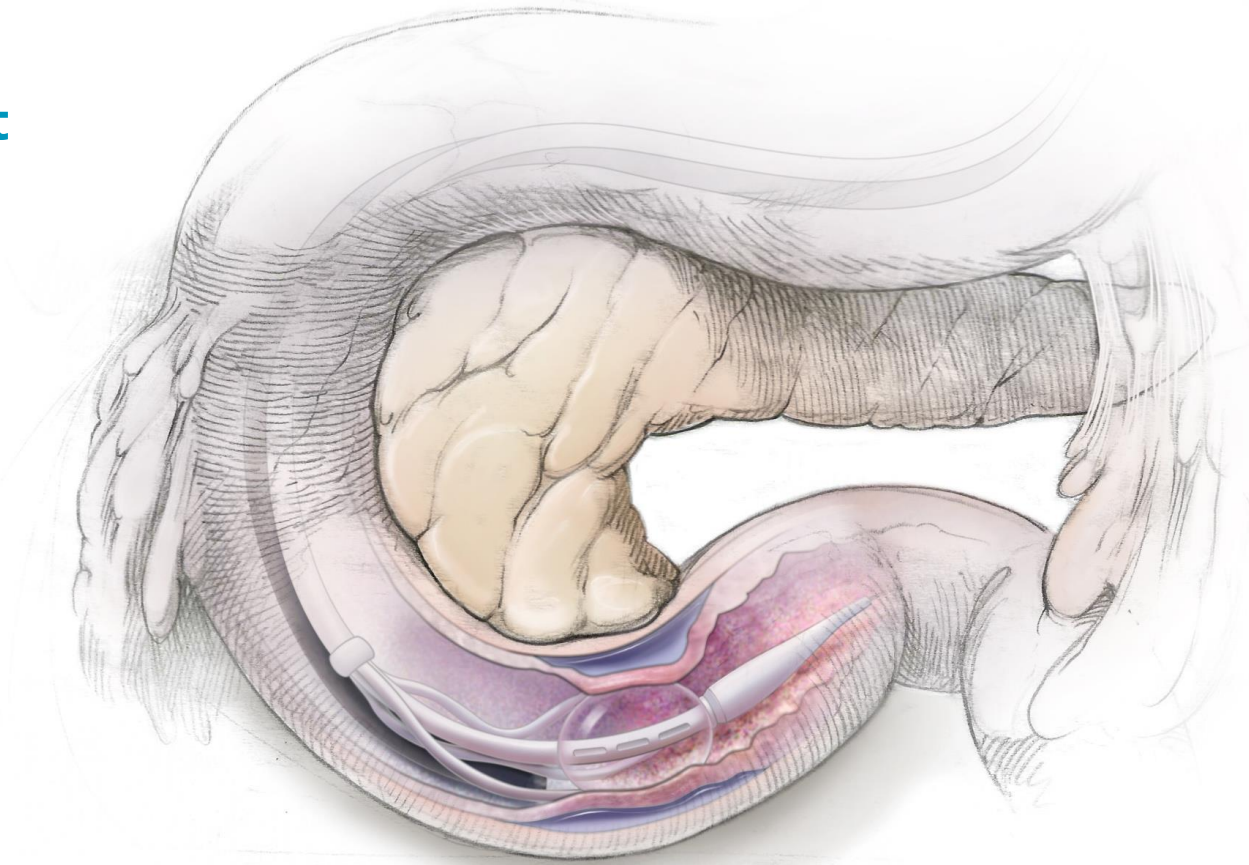
Assessing Real-World Effectiveness of Revita DMR

Summary and conclusions

Revita DMR in combination with lifestyle intervention **durably improved glycemia, maintained weight loss, improved PROs, and reduced/stabilized GLA usage** in inadequately controlled T2D patients

Revita DMR was **well tolerated with no serious procedural and/or device-related adverse events** reported to date

These results suggest that Revita DMR and lifestyle intervention can provide **durable metabolic benefits while improving patients' QOL in the real-world setting**

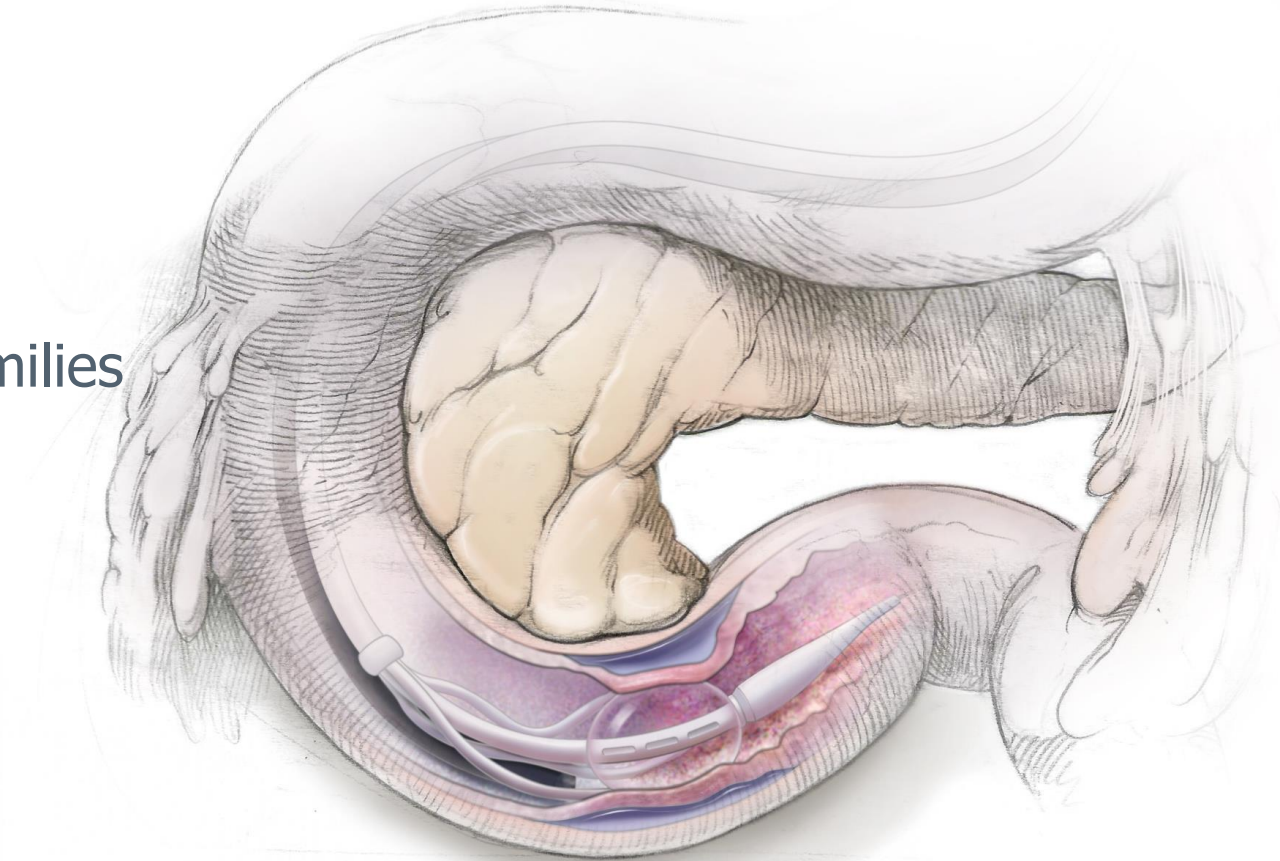


Thank You

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Post-market Registry participants and their families





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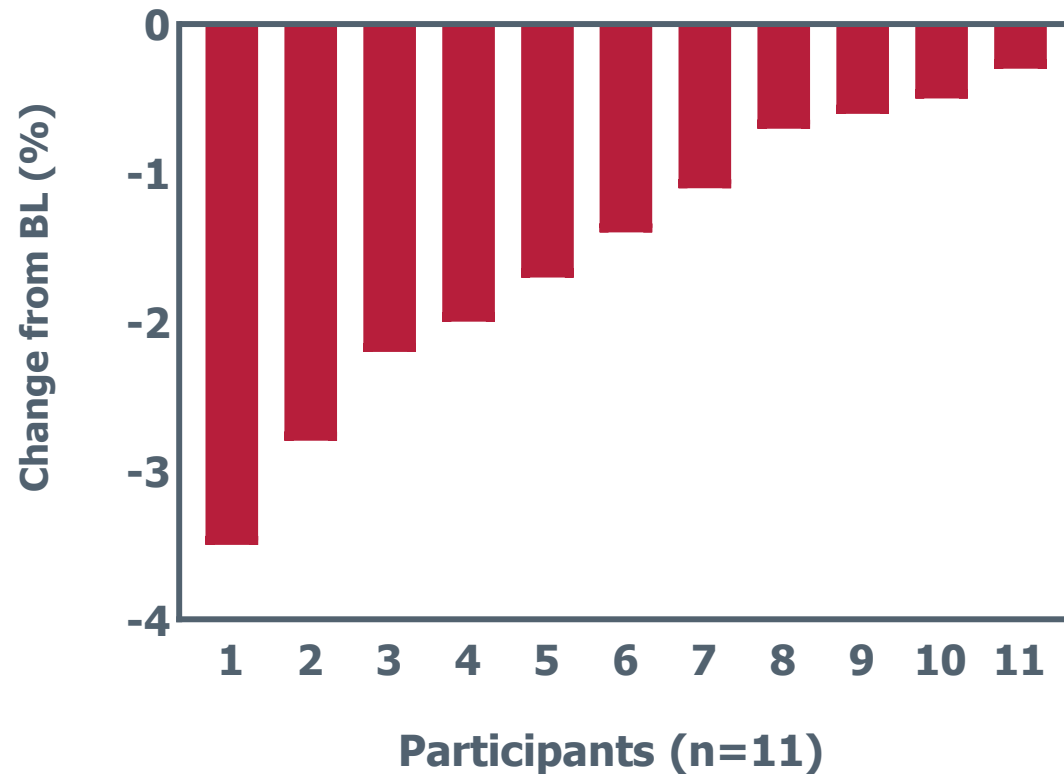
Supplementary Data



Assessing Real-World Effectiveness of Revita DMR

Glycaemia: HbA1c and FBG were maintained through follow-up

A) Individual 1-Year HbA1c



B) Individual 1-Year FBG

